



TELFER



CHAMPLAIN MATERNAL NEWBORN REGIONAL PROGRAM
PROGRAMME RÉGIONAL DES SOINS À LA MÈRE
ET AU NOUVEAU-NÉ DE CHAMPLAIN



- Are you a resident of the Champlain Region (including Ottawa, Pembroke, Renfrew, Arnprior, Carleton Place, Kemptville, Cornwall, Winchester, Embrun, Casselman, Rockland & Hawkesbury) who gave birth between January 2018 and September 2020?
- Are you interested in speaking with other families about your experience choosing and accessing a maternity care provider?

You are invited to participate in a study which aims to explore the factors that are enabling or restricting 1) pregnant people's access to the full range of maternity care providers across the Champlain Region, and 2) their autonomy in choosing a maternity care provider. ***Through your participation in this study, you will help decision-makers understand what action could be undertaken to develop a maternity care system that is better aligned with pregnant people's choices and needs.***

Should you choose to participate in this study, you will be asked to attend an hour-long conversation with other local families over Zoom. Participants will receive a \$20 President's Choice gift card in recognition of their contribution to this project.

If you are interested in participating in this focus group, or have any questions or concerns, please contact Caroline Chamberland-Rowe by PM on [Facebook](#), DM on [Twitter](#), or by email at ccham060@uottawa.ca