Substance Use in the Perinatal Period
Friday, May 22
Kingston General Hospital

Target Audience
This one day workshop is intended for interprofessional health care providers and social service providers who care for childbearing families during pregnancy and postnatal periods.

Description
This one-day (8 hour) workshop provides a solid foundation of theoretical and clinical knowledge to facilitate effective care of mothers and newborns who are impacted by substance use in the perinatal period.

Selected Topics
- Prevalence rates of the most common licit and illicit substances used by women during pregnancy
- Key risk factors associated with substance use during pregnancy and potential implications for maternal & fetal/neonatal well-being
- Barriers for accessing appropriate services both pre-and-postnatally
- Evidence-based strategies to support substance-involved families across the perinatal continuum
- Recommendations for substance-involved women who are breastfeeding
- Evidence-based care of the newborn at risk for or diagnosed with Neonatal Abstinence Syndrome (NAS)
- Planning for safe transitions
- Community resources available

For more information and to register, visit the CMRNP website: CMNRPCANewsletterCMNP/education/workshops