



CHAMPLAIN MATERNAL NEWBORN REGIONAL PROGRAM
PROGRAMME RÉGIONAL DES SOINS À LA MÈRE
ET AU NOUVEAU-NÉ DE CHAMPLAIN

MAPPING THE MATERNAL-NEWBORN CARE SPECTRUM IN THE CHAMPLAIN AND SOUTH EAST LHINS

Substance Use Services and Programs

Compiled by the CMNRP Care Mapping Workgroup 2017

Updated Jan 3, 2019

Contents

EASTERN ONTARIO REGION.....	2
HASTING & PRINCE EDWARD COUNTIES.....	3
KINGSTON, FRONTENAC AND LENNOX & ADDINGTON.....	4
LEEDS, GRENVILLE AND LANARK.....	5
OTTAWA REGION.....	6
RENFREW COUNTY & DISTRICT.....	8

http://www.cmnrp.ca/en/cmnrp/Mapping_of_MaternalNewborn_Services_p4874.html

EASTERN ONTARIO REGION

(Stormont, Dundas, Glengarry, Prescott/Russell & Akwesasne)

- [Addiction Services of Eastern Ontario](#)
- **Cornwall Community Hospital:** [Community Addiction and Mental Health Centre](#)
- **Drug and Alcohol Helpline:** 1-800-565-8603
- [Centre for Addiction and Mental Health](#) (CAMH)
- **The Ottawa Hospital:** [Maternal Fetal Medicine/High Risk Pregnancy Unit](#)
- **Eastern Ontario Health Unit:** [MyQuit.ca](#); [Quit Smoking Online](#)
- [Motherisk](#) (Alcohol and Substance): 1-877-4636
- [Al-Anon/Alateen Family Groups](#) – Stormont, Dundas and Glengarry, Prescott-Russell (Ottawa)
- [Alcoholics Anonymous](#) (Hawkesbury, Cornwall, Williamstown, Lancaster, Winchester, Moose Creek, Casselman, Russell, Metcalfe)
- [Canadian Mental Health Association](#)
- [Change for Health Care](#) (Cornwall)
- **Cornwall Community Hospital:** [Addiction Services, Community Withdrawal Management Services](#)
- [Seaway Valley Community Centre](#) (Cornwall)
- **Hawkesbury General Hospital:** [Community Mental Health and Addiction Services](#) (Rockland, Hawkesbury, Casselman)
- **Mohawk Council of Akwesasne:** Kanonhkwat'sheri:io Health & Social Facility
Department of Health: Community Health Program
 - Tobacco Cessation ServicesDepartment of Health: Tekanikonrahwa:kon Wholistic Health and Wellness Program
 - Drug and Alcohol Assessment
 - One-to-One Counselling
 - Out-Patient Program
 - In-Patient Referrals
 - Aftercare Services
 - Co-dependency Services
 - Smoking Addiction Services
 - Relapse Prevention
 - Youth Alcohol and Drug Preventative Education

HASTING & PRINCE EDWARD COUNTIES

(Belleville, Picton, Bancroft, Trenton)

- **Hastings Prince Edward Public Health:** We Can Quit Smoking Clinics, Tobacco Talk Line
- **Alcoholics Anonymous (Belleville):** 613-962-8700
- **North Hastings Alcoholics Anonymous, Alateen, Al-Anon:** 1-888-214-0473
- **Centre for Addictions and Mental Health (Trenton):** 613-546-4266
- **Family Health Teams (FHT):** [Bancroft FHT](#): Mental Health & Addiction Program; [Central Hastings FHT](#): Addictions Counselling; [Queen's FHT](#): Smoking Cessation; [North Hastings FHT](#): Smoking Cessation; [Prince Edward FHT](#): Smoking Cessation
- **Community Health Centres (CHC):** [Belleville and Quinte West CHC](#): THRIVE Program; [Gateway CHC](#): Smoking Cessation, Mental Health & Addictions Counselling.
- [Belleville Nurse Practitioner-Led Clinic](#): Smoking Cessation
- [Change Health Care](#)
- [Peer Support South East Ontario](#)
- [Addictions and Mental Health Services Hastings Prince Edward](#)
- [National Native Alcohol Drug Abuse Program](#)
- [Drug and Alcohol Helpline](#): 1-800-565-8603

Websites, Phone and Online Supports

- [Centre for Addiction and Mental Health](#)
- [Connex Ontario Health Services Information](#)
- [Drug and Alcohol Helpline](#) : 1-800-565-8603
- **Openline Openmind:** 613-310-6736
- [Motherisk](#) (Alcohol and Substance): 1-877-4636
- [Canadian Cancer Society Ontario Division Smokers Helpline](#): 1-877-513-5333
- [Pregnets](#)

KINGSTON, FRONTENAC AND LENNOX & ADDINGTON

- **Addiction & Mental Health Services - Kingston Frontenac Lennox & Addington (KFLA):** [Counselling and Treatment](#), Motherwise Program for Mothers with Addiction
- **KFL&A Public Health:** Take Control, Take Control Baby Steps
- **Kingston CHCs** (Kingston and Napanee Areas): Smoking Cessation Counselling
- [Al Anon - Alateen Family Groups](#)
- [Alcoholics Anonymous Kingston](#)
- [Hotel Dieu Detoxification Centre](#)
- [Change Health Care](#)
- **Kingston CHC:** [Thrive](#), [Street Health Centre](#)
- [Salvation Army Harbour Light Centre](#)
- [Queen's FHT:](#) Smoking Cessation Clinic, One-on-one counselling provided

Websites, Phone and Online Supports

- **Addiction & Mental Health Services Crisis Line Kingston Frontenac :** 613-544-4229 or 1-866-616-6005
- **Addiction & Mental Health Services Crisis Line Lennox & Addington:** 613-354-738 or 1-800-267-7877
- **Alcoholics Anonymous Help Line** (Kingston): 613-549-9380
- [Centre for Addiction and Mental Health](#)
- [Connex Ontario Health Services Information](#)
- [Drug and Alcohol Treatment Info Line](#) : 1-800-565-8603
- [Motherisk](#) (Alcohol and Substance): 1-877-4636
- [Canadian Cancer Society Ontario Division Smokers Helpline:](#) 1-877-513-5333
- [KFL&A Public Health Tobacco Information Line:](#) 613-549-1232 or 1-800-267-7875 x 1333
- [Pregnets](#)
- [The Lung Association](#)

LEEDS, GRENVILLE AND LANARK

(Almonte, Carleton Place, Lanark, Perth, Smiths Falls, Merrickville, Kemptville, Brockville, Prescott, Gananoque)

- **Alcohol Anonymous:** [Lanark/Leeds](#)
- **[Share and Care Al-Anon Family Group](#)** (Smiths Falls)
- **[Lanark, Leeds and Grenville Addictions and Mental Health](#)** (Brockville)
- **[Newgate 180 Addiction Solutions](#)**: Residential Treatment Program (Merrickville)
- **[Drug and Alcohol Helpline](#)**: 1-800-565-8603
- **[Peer Support South East Ontario](#)**: Outreach Support (Prescott)
- **[Centre for Addiction and Mental Health](#)**
- **[Narcotics Anonymous](#)**
- **Country Roads CHC**: Lung Health Services
- **Rideau Community Health Services** (Merrickville District CHC and Smiths Falls CHC): Smoking Cessation Counselling
- **Leeds, Grenville and Lanark District Health Unit**: Tobacco Use Prevention, Health Action Line: 1-800-660-5853
- **Canadian Cancer Society's Smokers' Helpline**: 1-877-513-5333
- **[The Lung Association Stop Smoking Program](#)**

OTTAWA REGION

(Cumberland, Orleans, Navan, Metcalfe, Osgoode, Manotick, Richmond, Barrhaven, Riverside South, Central Ottawa, Vanier, Nepean, Bayshore, Kanata, Stittsville, Carp and Kinburn)

- [Amethyst Women's Addiction Centre](#)
- [Al-Anon /Alateen Family Groups - Ottawa - District 28](#)
- [Alcoholics Anonymous](#)
- [Centre for Addiction and Mental Health](#)
- [Centretown Community Health Centre](#)
- [Dave Smith Youth Treatment Centre - Carp Campus](#)
- [Empathy House](#)
- [House of Hope and Healing](#)
- [Maison Fraternité](#)
- [Montfort Renaissance](#)
 - [Maison Gilles Chagnon](#) (women's residential stabilization program)
- [Nar-Anon Family Groups](#)
- [Narcotics Anonymous](#)
- [Ottawa Addictions Access & Referral Services](#)
- [Rideauwood Addiction and Family Services](#)
- [Right Direction Medical Centre](#)
- [Parents' Lifelines of Eastern Ontario](#): Confidential Telephone Helpline, Parent Support Groups, Young Adult Support – The Source
- **Community Health Centres (CHC) and Community Resource Centres (CRC) :**
 - [Carlington CHC](#): Smoking Cessation, Free Nicotine Replacement Therapy and Individual Support, Harm Reduction Services
 - [Centretown CHC](#): Harm Reduction Services, Needle Exchange and Safer Inhalation, Stop Smoking Workshops
 - [Orleans-Cumberland CRC](#): Addiction Recovery Program, Smoking Cessation Workshop, 4-Week Program
 - [Pinecrest-Queensway CHC](#): Needle Exchange and Safe Inhalation, Smoking Cessation
 - [South-East Ottawa CHC](#): Smoking Cessation (Individual Counselling & Nicotine Replacement Therapy)
 - [Sandy Hill CHC](#): Smoking Cessation Services, Drug and Alcohol Education Group, Opiate Substitution Therapy (Methadone and Suboxone)
 - [Somerset West CHC](#): Smoking Cessation Program (Individual Counselling and Nicotine Replacement Therapy), Harm Reduction/ Needle Exchange
 - [Wabano Centre for Aboriginal Health](#): Quite Smoking Support: Tobacco as Medicine
- **Family Health Team (FHT):**
 - [Bruyère Academic FHT](#): Smoking Cessation
 - [Connexion FHT](#): Quit Smoking Program
 - [Eastern Ottawa FHT](#): Smoking Cessation Program
 - [Montfort Academic FHT](#): Smoking Cessation Program
 - [Ottawa Hospital FHT](#): Smoking Cessation Program
 - [University of Ottawa FHT](#): Addiction Medicine, Smoking Cessation
 - [Westend Family Care Clinic FHT](#): Smoking Cessation
- [Youville Centre](#): Intensive Treatment Support Program
- [St. Mary's Home - Young Parent Outreach Centre](#): Kick Butt 'n' Craft
- [Bethany Hope Centre](#): Smoking Cessation
- [Serenity Renewal for Families](#)
- [Sobriety House](#)
- [Royal Ottawa Mental Health Centre](#)
- [Vesta Recovery Program for Women](#)

Websites, Phone and Online Supports

- [Centre for Addiction and Mental Health](#)
- [Connex Ontario Health Services Information](#) 1-866-531-2600
- [Drug and Alcohol Helpline](#): 1-800-565-8603
- [Motherisk](#) (Alcohol and Substance): 1-877-327-4636
- [Canadian Cancer Society Ontario Division Smokers Helpline](#): 1-877-513-5333
- [Pregnets](#)

RENFREW COUNTY & DISTRICT

(Deep River, Chalk River, Petawawa, Pembroke, Barry's Bay, Killaloe, Piwakanagan, Eganville, Renfrew & Arnprior)

- [Algonquins of Pikwàkanagàn First Nation Health Services](#): Native Alcohol and Drug Abuse Program
- [Rainbow Valley Community Health Centre](#) (Killaloe)
- [Addiction Treatment Services](#) (Arnprior, Barry's Bay, Deep River, Pembroke, Renfrew)
- **Alcoholics Anonymous**: [Madawaska Valley](#), [Pembroke](#), Renfrew County
- [Phoenix Centre For Children and Family](#)
- [Robbie Dean Family Counselling Centre](#)
- [Ontario Addiction Treatment Centres](#): Methadone Maintenance Treatment Program (Pembroke, Renfrew)
- [Renfrew County Addition Treatment System](#): Additions Treatment Services, Mackay Manor, Pathways Alcohol & Drug Treatment Services, Renfrew County Community Withdrawal Management Services, Renfrew County Addition Supportive Housing Program
- **Narcotics Anonymous (Pembroke): 1-888-922-7822**
- [My Quit Program](#): 1-877-376-1701