Dr. David Millar is an Ottawa based Family Physician. He brings a breadth of life and medical experience to his role as Executive Director and Medical Lead at the Monarch Centre. He had a non-linear but important path into the privilege of medical education at Western, via a BA in Political Science and Economics at University of Toronto, followed by 3-years as a foreign exchange and commercial paper trader at Export Development Corporation. Once in medicine, Dr. Millar quickly found and developed his love for obstetrics and newborn care during his Family Medicine residency at the Ottawa Civic Hospital. After graduation he served on staff at the Salvation Army Grace Hospital, well-known for its maternal and infant care program, and then at the Queensway-Carleton Hospital, after the Grace closed in 1999. Dr. Millar moved his offices to the Glebe in 2002 and brought his OB and newborn practice back to his roots at the Civic Hospital. He is an Assistant Professor at University of Ottawa, and since 2008, has held the position of Head of the Division of Maternal and Newborn Care at The Ottawa Hospital. Dr. Millar is a co-investigator for BEST ABC – a RCT studying effects of community based lactation support on breastfeeding rates and patient satisfaction. Combining his strong advocacy for primary based maternal and newborn care, and his vision for improved linkages between institutional and community based care, Dr. Millar was instrumental in developing the Monarch Centre concept in 2013. He has been its head since the opening in January 2014.